



Dr. Andrew Freeman, MD, is a board-certified cardiologist who cares for patients with heart disease and has a special interest in heart disease prevention.

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[Associate Professor](#)

[Director of Cardiovascular Prevention and Wellness](#)

[Director, Clinical Cardiology & Operations](#)

[Director, Anticoagulation Clinic](#)

[Division of Cardiology](#)

[Department of Medicine](#)



## Programs and Services

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- [Anticoagulation Clinic](#)
- [Cardiac Rehabilitation Programs](#)
- [Cardiology Programs](#)
- [Pulmonary Hypertension Program](#)
- [Scleroderma Treatment & Research Program](#)



## Specialties & Conditions

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- [Cardiac Sarcoidosis](#)
- Cardiovascular Effects on Exercise
- Cardiovascular Health Outcomes
- [Congestive Heart Failure](#)
- [Coronary Artery Disease \(CAD\)](#)
- [Diastolic Dysfunction](#)
- [Dyspnea \(Shortness of Breath\)](#)
- [Heart Valve Disease](#)
- [High Cholesterol](#)
- [Hypertension](#)
- [Intracardiac Shunts](#)
- Preventative Cardiology



## Research Areas

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- [Cardiac Sarcoidosis](#)
- Cardiovascular Effects on Exercise
- Cardiovascular Health Outcomes

## Special Interests

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Dr. Freeman combines both traditional Western medicine with a holistic approach on overall wellness and disease prevention through a combination of advanced cardiology diagnostics and lifestyle medicine in the form of a whole foods plant-based diet (vegan diet), regular exercise, mindfulness and support. He has been often nicknamed “The Vegan Cardiologist,” and his approach which integrates the latest evidenced-based medicine and lifestyle medicine achieves excellent results for his patients.

### Research Interests

Cardiovascular Nutrition, Plant-Based Diets, Treatment Quality, Cardiovascular Outcomes, Cardiovascular Imaging

### Clinical Interests

Dr. Freeman's clinician interests and expertise is in general cardiology, preventive cardiology, heart failure and cardiomyopathy, diastolic dysfunction (abnormal relaxation of the heart), chest pain and shortness of breath, heart problems caused by respiratory (lung) problems and high blood pressure (hypertension). He maintains certifications, performs clinical research, and is an expert in advanced cardiovascular imaging including echocardiography, nuclear and echo stress testing and cardiac CT. His clinical research interests include cardiac sarcoid; public health; exercise and health outcomes and cardiac nutrition.

Dr. Freeman is part of the leadership of both the local and national American College of Cardiology, and runs the regional Walk with a Doc program.

## Board Certification

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Cardiovascular Disease  
Internal Medicine  
Echocardiography  
Nuclear Cardiology  
Cardiovascular Computed Tomography  
Advanced Cardiac Life Support (ACLS) Certified

## Education

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### Education

**2006 - 2009** Temple University

**1999** Cornell University

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### Residency

**2003** SUNY at Buffalo School of Medicine and Biomedical Science

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### Fellowship

**2003 - 2006** Brown University, Rhode Island Hospital

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## Academic Affiliations

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Assistant Professor of Medicine, University of Colorado Denver

## Professional Memberships

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Fellow, American College of Cardiology

Fellow, American College of Physicians

American Heart Association

American Society of Nuclear Cardiology

American Society of Echocardiography

## Awards & Recognition

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Chair of the National American College of Cardiology FIT Committee

Young Professionals Section Chair, American College of Cardiology

Chair of Community Events and Outreach, American College of Cardiology

Steering Committee, Patient-Centered Care, American College of Cardiology

Whitepaper Writing Group, Patient-Centered Care, American College of Cardiology

Chair of Young Professionals, Colorado Chapter of the American College of Cardiology

Organizer of [Walk With a Doc](#), Denver

## Contact Information

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- Office: 877.225.5654

## Locations

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National Jewish Health Main

Campus

1400 Jackson Street

Denver, CO 80206