



Amanda Stephens, MD, is a pulmonologist at National Jewish Health. Dr. Stephens is in the Division of Pulmonary, Critical Care and Sleep Medicine.

Division of Pulmonary, Critical Care & Sleep Medicine

**Department of Medicine** 

**Assistant Professor** 

# **Programs and Services**

Palliative Care

# **Specialties & Conditions**

- Chronic Cough
- Chronic Obstructive Pulmonary Disease (COPD)
- <u>Dyspnea (Shortness of Breath)</u>
- Interstitial Lung Disease (ILD)/Pulmonary Fibrosis
- <u>Lung Cancer</u>
- Palliative Care Integration for Patients with Chronic Respiratory Diseases
- Pulmonary Hypertension (PH)

## **Research Areas**

 Palliative Care Integration for Patients with Chronic Respiratory Diseases

# **Special Interests**

My clinical interest is providing the best possible care for patients with pulmonary disease and critical illness. In addition to identifying and treating the causes of shortness of breath, I am interested in providing multidisciplinary and integrative treatment for the symptom of breathlessness in the outpatient setting. In the inpatient and intensive care settings, I strive to offer as many state of the art interventions as possible along with helping patients and families to determine how we can use these therapies in a way that aligns with their values and goals.

## **Board Certification**

2017: ABIM Certified: Critical Care Medicine

2016: ABIM Certified: Pulmonary Diseases

2014: Board Certified in Internal Medicine

#### Education

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2011 New York University School of Medicine (New York, NY)

2007 Stony Brook University Honors College (Stony Brook NY)

### Residency

2011 - 2014 Boston University School of Medicine (Boston, MA)

# Fellowship

2014 - 2017 Boston University School of Medicine (Boston, MA)

**2017** University of Colorado School of Medicine (Aurora, CO)

# **Awards & Recognition**

Boston Medical Center Quality Improvement Award Sir James Black Award and Scholarship in Pharmacology Phi Beta Kappa and Golden Key Honor Society

## **Publications**

Stevenson, E. K., **Rubenstein, AR.**, Radin, G. T., Wiener, R. S., & Walkey, A. J. (2014). Two decades of mortality trends among patients with severe sepsis: a comparative meta-analysis. *Critical care medicine*, *42*(3), 625.

**Stephens AR**, Wiener RS, leong MH. (In press). Comparison of Strategies to Identify Documented Advance Care Planning Among Patients Presenting with Severe COPD Exacerbations. *Journal of Palliative Medicine*. URL: <a href="https://www.ncbi.nlm.nih.gov/pubmed/28850288">https://www.ncbi.nlm.nih.gov/pubmed/28850288</a>

**Stephens, A. R.**, Karin A. Sloan and Deborah Whalen et al. A Multidisciplinary Quality Improvement Initiative to Reduce Alarm Fatigue from Unnecessary Pulse Oximetry Alarms (American Thoracic Society Poster Discussion Session)

**Stephens, A. R.**, Renda S. Wiener and Michael leong. "Advance Care Planning in Patients Admitted to the Medical Intensive Care Unit of a Urban Safety-net Hospital for Acute Exacerbation Chronic Obstructive Pulmonary Disease" (American Thoracic Society Poster Discussion Session 2016)

#### **Contact Information**

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#### Locations

National Jewish Health Main Campus 1400 Jackson Street Denver, CO 80206