

## Dr. Chafen W. Hart Joins National Jewish Health Pediatric Sleep Medicine Team

---

OCTOBER 13, 2023

DENVER, CO — Chafen W. Hart, MD, has joined the National Jewish Health *for Kids* team as a pediatric sleep medicine physician in the Department of Pediatrics. Her areas of interest and research include all sleep breathing disorders, circadian rhythm disorders, insomnia, hypersomnolence, parasomnias and sleep movement disorders. Dr. Hart has a special interest in diagnosing, treating and managing sleep issues for children who are on the autism spectrum (neurodivergent), children with ADHD and adolescents with insomnia. She also will help transition pediatric sleep medicine patients who need continuing care as adults. Dr. Hart sees patients on the National Jewish Health main campus in Denver.

Dr. Hart completed her sleep medicine fellowship at National Jewish Health and the University of Colorado, which included training at National Jewish Health, the Denver Veterans Affairs Medical Center, Children's Hospital Colorado and the University of Colorado Denver.

Dr. Hart moved to Denver from Dallas, Texas, where she was in private practice for 11 years. She received her medical degree from The University of Texas Health Science Center at San Antonio and completed her residency in Pediatrics at Tufts Medical Center, in Boston.



**National Jewish Health** is the leading respiratory hospital in the nation. Founded 125 years ago as a nonprofit hospital, National Jewish Health today is the only facility in the world dedicated exclusively to groundbreaking medical research and treatment of children and adults with respiratory, cardiac, immune and related disorders. Patients and families come to National Jewish Health from around the world to receive cutting-edge, comprehensive, coordinated care. To learn more, visit the [media resources](#) page.

---

**Media Resources**

---

**Media Contacts**

We have many faculty members, from bench scientists to clinicians, who can speak on almost any aspect of respiratory, immune, cardiac and gastrointestinal disease as well as lung cancer and basic immunology.

- [Accomplishments & Awards](#)
- [Annual Report](#)
- [Financials](#)

Our team is available to arrange interviews, discuss events and story ideas.

**Adam Dormuth**

[303.398.1002](tel:303.398.1002) office

[970.222.5034](tel:970.222.5034) mobile

[dormutha@njhealth.org](mailto:dormutha@njhealth.org)

**Jessica Berry**

[303.398.1082](tel:303.398.1082) office

[303.807.9491](tel:303.807.9491) mobile

[berryj@njhealth.org](mailto:berryj@njhealth.org)