
Recommended Snacks Following LINX Surgery

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- Grapes
- Dried cranberries
- Fruit
- Trail mix
- Cheese
- Raw vegetables such as snap peas (except salad)
- Raisins
- Dried banana chips
- Granola bars
- Pumpkin seeds
- Green pea chips
- Dry cereal
- Roasted chickpeas

NJH Footer